



# *Yoni Steams* **BENEFITS**

- Balance hormones
- Reduce menstrual discomfort
- Regulate menstrual cycle
- Reduce heavy bleeding and reduce clotting
- Correct absent menstruation
- Strengthen, tighten ,and tone the vaginal wall
- Prevent chronic yeast and vaginal infections
  - Heal vaginal tears
  - Treat hemorrhoids
  - Reduce vaginal dryness
- Treat symptoms of menopause
  - Treat postpartum conditions
  - Boost low libido
  - Maintain healthy odor
  - Align and heal post birth
- Release emotional pain, trauma & negative energy trapped in the Sacral & Root Chakras
- Detox the entire body through the womb

**Call or Walk-in Service ONLY**  
**(254) 466-1180**

